









# The Road to the Future: Education for Creative Adaptation













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# **Our Mission**

Humanity now needs to adapt to a world that is far different from that of the past. A primary need at this critical point in human history is to understand our human nature. If we know who we are, how human beings evolved, what our possibilities and weaknesses are, we might correctly assess what we can change, adapt, and create, so that humanity and the planet thrive.

It is the mission of ISHK to gain such insight through the investigation of humanity's biological and cultural evolution and to communicate new understanding in the human sciences to both professionals and the culture at large through symposia, curricula development, workshops and publications.



BOOKS FOR AFGHANISTAN has donated over 4.7 million since it started!

# Message from the Board



The Board is sad to report the passing of Robert Ornstein on December 20, 2018. In 1969, he founded The Institute for the Study of Human Knowledge (ISHK) and was its President until his death.

A memo to key volunteers and donors established that our members wished to continue with ISHK's work. Consequently, the Board held a special meeting at the end of December to elect a new President. ISHK welcomed David Sasseen as President and Chairman. David has been a practicing attorney for 34 years, representing some of Silicon Valley's most successful technology companies during this time. He has also worked with ISHK for more than 25 years in his capacity as a lawyer, and otherwise.

With the continued support from our volunteers and donors, the Board agreed to carry on with all ISHK's established programs: CE@Home for Psychologists & CME for Physicians, Hoopoe Books publishing and outreach to under-served children in the US, Canada, Mexico, Afghanistan and Pakistan, and the Human Journey website.

Robert Ornstein's forthcoming book, *God 4.0*, was completed just before his death. We will let everyone know as soon as it is available. It offers a fresh understanding of how the brain can produce a transcendent shift in consciousness that some have called "seeing God." The book points toward a new unity of science and spirituality concerning a reality that people have sought forever. This higher consciousness is not something "out there," but something in the brain that we can develop. Once unlocked it allows us to see and use vital connections that can help us unite around a common higher perspective.

As Dr. Ornstein pointed out in his last letter to ISHK members, over the last fifty years ISHK has helped to change the world: the ideas of two different kinds of thought in the brain are now widely established, the role of the person's mind in health has helped change medicine, we pioneered the at-home education for psychologists, and we are giving millions of Hoopoe storybooks in their own languages to underprivileged kids here in the U.S., in Canada, Central & South America, Pakistan, Afghanistan and Lebanon.

Since 1969, we've sold or distributed the important works of Idries Shah, almost 1 million by other distributors, and more than 5.6 million children's books. We've organized symposia, which have had attendance of a few hundred thousand, and a continuing education program that has allowed psychologists and physicians to take over 37,000 courses.

Once again, we could not have accomplished our work without the help of The Will J. Reid Foundation who has supported ISHK for more than fifteen years, as well as the help of many generous donors and extraordinary volunteers around the country and the world -- all who aim to maintain the mission of ISHK to allow us all to change, adapt and care for ourselves and the planet on which we all live.

# **Key 2018 Accomplishments**

Thanks once more to the generous support of The Will J. Reid Foundation (WJRF) since 2002 and to the generous donations & services from so many volunteers, we were able to achieve significant advances in 2018.

**GOD 4.0:** This book is the last book written by Robert Ornstein and is about what it means to go beyond our ordinary perception of reality and to understand why, what and how this can be understood. We will keep you informed on its publication.

THE HUMAN JOURNEY: This year we continued to update the new, mobile-friendly website, The Human Journey, which follows the journey of the human mind, how it developed, the world it made and the problems it solved. The project, begun in 2005, addresses these issues because our future depends on understanding who we are, what is unchanging about human nature, and what we can and must change to survive. It is continually being updated with the latest findings and research.

**HOOPOE BOOKS:** Hoopoe Book's mobile/Google-friendly website (**www.hoopoebooks.com**) provides the most recent updates on the publication and distribution of our children's books.

**New Series:** We are pleased to have released the first book in a new series of books for young people ages 9 – 12: **Tales for** *The Dreamer* written by Rita Wirkala. And to be published next year, *Last Words*, by award-winning author JonArno Lawson.

New Editions for the Afghan and Pakistani Diasporas: Last year, we announced our publication of English-Dari, English-Pashto and English-Urdu editions of our 12 illustrated books for ESL classes and families in the U.S. and English-speaking world, and these are now available through our website and through Amazon & Ingram Book Distributors. In 2018, we have published French and German bilingual editions in English, Dari, Pashto and Urdu; these editions are also available through Amazon & Ingram.

**SHARE LITERACY:** This year, we donated over 24,000 Hoopoe books to more than 50 children's programs in the USA and Canada.

**BOOKS FOR AFGHANISTAN:** Thanks to the help and generosity of our supporters, we have now distributed over *4.7 million Hoopoe books* in Dari-Pashto, English, and minority languages and trained 550+

teachers since January 2007 when we began our program. In partnership with Khatiz Organization for Rehabilitation in Kabul, in 2018 our Books for Afghanistan program donated another 83,245 Hoopoe Books in Dari-Pashto bilingual editions, 16,418 in English only and 113,000 books in minority languages. Our NGO partners include: Medica Afghanistan; Nutrition & Education International Health & Nutrition Department (Afghanistan); the Afghan Mobile Mini Children's Circus; the British Council; SIL International (Afghanistan); Canadian Women for Women in Afghanistan (CW4WAfghan); and three mobile libraries: Moska Mobile Library, Qalam Lar and the Childrens Book Foundation.

New Afghan Minority Language Program: In 2017, in celebration of International Mother Language Day, we launched a new program in Afghanistan in partnership with SIL International, an organization that works with ethnolinguistic minority communities as they build their capacity for the sustainable development of their own languages. In the summer and fall of 2018, we began the distribution of bilingual stories by Idries Shah to children and their families in Hazaragi, Nuristani, Munji, Sawji, and Shughni communities.

BOOKS FOR PAKISTAN: Since the program began in 2011, we have printed and donated 132,500 English-Urdu, Urdu-Pashto and Urdu-Sindhi Hoopoe editions. Ten Hoopoe titles are now available through Amazon in English-Urdu, and in Pakistan in Urdu-English, Urdu-Pashto, Urdu-Sindh and Urdu-Balochi editions. Our partner Alif Laila Book Bus Society continues to help distribute books to the most needy.

eBOOKS NEWS: Most of the English-language editions of the Hoopoe Books and Malor Books are now available as eBooks through Amazon Kindle. The Idries Shah Foundation (ISF) continues to publish all of Shah's work in Kindle formats.

**CONTINUING EDUCATION FOR PSYCHOLO- GISTS & PHYSICIANS:** These programs continue to provide professionals the important information needed in mind and body health.

**ISHK ADMINISTRATION:** See this section below for the updates and current volunteer opportunities.

## An Update on God 4.0



**God 4.0** is a new work by Robert Ornstein to be published in the next year. Combining his own work with new findings from modern research in the fields of archeology, anthropology, religious studies, genetics, and psychology, Dr. Ornstein gives an accurate new understanding of how a transcendent shift in consciousness is produced. He wrote:

"Since the early 1970s more information regarding human nature, consciousness, and about our own religions' histories has been discovered than in all the years before. It is thanks to this modern research—from archeology to anthropology to religious studies, to genetics, and especially to psychology—that, by combining these findings with my own work, *God 4.0* gives an accurate new understanding of how a transcendent shift in consciousness, which some have called 'seeing God,' is produced.

The data assembled here yields answers to many puzzles, such as why do those seeking higher consciousness do such weird things? Why is religious or spiritual experience called 'high' anyway? How has the search for worship affected the development of society? What is the relationship between creative inspiration and 'spiritual' insight? And why are people who tend to be strongly politically conservative also more deeply religious?

Neither an academic tome nor a religious treatise, *God 4.0* is addressed to people who seek more out of life than they find at this moment. It is a brief, readable book emphasizing the reality of something that many may have ignored, or rejected, or missed, and haven't found in their church, mosque, or synagogue, or found in science. It is to be 'found' and unlocked inside one's brain and mind and is a reality that people have sought forever. This 'finding' would shift your imagination of who you are and what is possible. But the intent is: get off your seat and change your mind and imagination of who you and humanity are."

# The Human Journey - http://humanjourney.us

At the end of 2017, we launched a new, updated, mobile-friendly Human Journey website. And in 2018, we revised and updated a number of sections, including *Discovering our Distant Ances*tors, adding new and important findings, and Ideas that Shaped our Modern World with a report on a key book by Stephen K. Sanderson, Religious Evolution and the Axial Age, From Shamans to Priests and Prophets. Because so many of us don't understand the history and development of money, although it plays such a major role in our world today, we created an entirely new and fascinating section, now added to *Our Changing World Economy*, entitled Trust, Faith and Confidence -Value and the Role of Money. It includes four articles: "Debt, Trust and Money," "Power, Money and Stability," "Risk, Gambling, and Financialization" & "Substitute Moneys and Cryptocurrencies"; plus in-depth reports on Thomas Piketty's bestseller Capital in the Twenty-First Century, and the "renegade economist" Kate Raworth's book Doughnut Economics: 7 Ways to Think Like a 21st Century Economist.

The Human Journey project began in 2005 to provide everyone, anywhere there is a connection, with a complete understanding of who we are, how we got that way, and what we might become. We are taking advantage of today's technology to present the basic background information everyone should have at their fingertips in answer to these questions. As we said last year, this is a crucial time to promote its contents, because the same technology that delivers the latest information from leading anthropologists, neurobiologists, psychologists, historians, philosophers, economists, educators, climatologists and others, is also being used to promote unprecedented misinformation, distraction, outright fabrication, bigotry, nativism, and polarization. Alarmingly, according to Gallup, 38% of Americans believe that God created humans less than 10,000 years ago, and an increasing number of people doubt that objective facts exist at all!!

We invite all ISHK supporters to read the website like a book, from start to finish. We suggest that you start with "Journey of the Human Mind" and follow the links at the bottom of each page. The site is designed to draw readers in through any point or topic of interest. But the more of us who have "front to back" grasp of this information and its sources, the more effective we can be in getting this information into the mainstream.



Sections are updated and added to as new information becomes available. The "Bookstore" provides a comprehensive list of books referred to and recommended, which can be purchased through links on the website to Amazon. In addition, each section has a "NEWS" feature, with links to articles published since the site was last updated to ensure that visitors are able to keep up-to-date on the topics discussed.



## Hoopoe Books - www.hoopoebooks.com





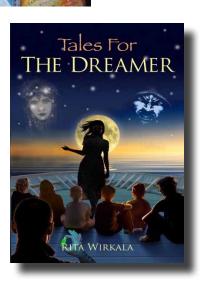




#### New Hoopoe Series for Adolescents

In 2017, we invited friends of ISHK to contribute to a new series of books for young people ages 9 - 13 (and beyond). These are stories-within-stories, contemporary tales that include traditional tales from around the world. The first of these, *Tales for The Dreamer* written by Rita Wirkala, was released in 2018, and is available through Amazon and Ingram Book Distribution.

A new work to be published next year is *Last Words* by award-winning author JonArno Lawson. It tells of a battle of wits between two young people, one facing the prospect of being executed, the other faced with the prospect of becoming an executioner. Traditional tales enliven their encounter, providing structure for both their struggle against and acceptance of the dire circumstances in which they've found themselves.



### Hoopoe Books for the Afghan and Pakistani Diasporas

In 2018, we published ten new bilingual editions of our 12 illustrated books. French and German editions are now available, not only in those languages alone, but each paired with English, Dari, Pashto and Urdu. They are all available now on Amazon and to booksellers and libraries through Ingram. Our goal is to provide bilingual editions for young Afghan and Pakistani readers, refugees from their homeland, with wonderful stories to read in their own language and share with their new friends. We hope to announce these new bilingual editions at the Bologna Children's Bookfair in April next year under the auspices of IBBY.

This year we created a new Pashai-Pashto edition of our Hoopoe titles the Afghanistan diaspora. We now have nine Afghan minority language editions press ready and are printing and distributing these as funds allow. (See the "Books for Afghanistan" section below for more details.)

## **Hoopoe Websites**

Visit our websites for up-to-date information on all our Hoopoe programs:

- www.hoopoebooks.com https://www.shareliteracy.org/index.htm#news
- https://booksforafghanistan.org/news/ https://booksforpakistan.org/our-progress/

## Facebook, YouTube, & Instagram

Thanks to our volunteers, Hoopoe continues to update our Facebook, YouTube and Instagram social media sites. Follow us there and on our websites to get the latest







news for Hoopoe Books, Books for Afghanistan, Books for Pakistan, and Share Literacy – by signing up on Facebook and Instagram.

# Share Literacy - www.shareliteracy.org



Since this program started in 2000, Share Literacy volunteers have distributed over **750,000 Hoopoe books** to schools, early child development centers, youth programs, homeless shelters, hospitals & clinics, and community service centers. Many organizations, some of the most current are listed on the next page, depend on our help every year to brighten up the lives of the children they serve. Educators around the country continue to use our excellent standards-aligned teacher lesson plans available as free downloads on the **www.hoopoebooks.com** site.

For the last 17 years, the **Share Literacy Holiday & other Give-Away Programs** have given Hoopoe books and kits in English and Spanish-English bilingual editions to young children in shelters and in schools serving at-risk children throughout the US, Mexico and Canada. These gifts are coordinated by Share Chapter volunteers in California, Massachusetts, DC, New York and Colorado.

In 2018, with the help of the USA volunteer Share Chapters, we were able to distribute over **18,000 books to over 30 organizations and schools** (some are listed on next page), as well as some audio CDs and our *Read Together Newsletters* for the youngest readers. These newsletters give tips and advice to parents on the importance of reading regularly with their children as well as provide fun activities for home and school.

"Thank you for your generous and thoughtful donation of children's books in English and Spanish for our [Homeless Prenatal] literacy program. ...Gifts like yours make an immediate difference in the lives of our families...and has empowered low-income and homeless families, particularly mothers motivated by pregnancy and parenthood, to find within themselves the strength and confidence they need to change their lives... We deeply appreciate your investment in our work with these beautiful books and helping to address family health and stability during transformative stages through to kindergarten."

-Sharon Bechtol, Volunteer & Donations Manager, Homeless Prenatal Program, San Francisco

THANKS TO OUR SUPPORTERS AND VOLUNTEERS,
THIS YEAR, OVER 24,100 UNDER-SERVED CHILDREN
IN THE USA & CANADA RECEIVED A HOOPOE BOOK
OF THEIR OWN

"We would like to thank you for your generous donation of books this school year. Building our literacy through exposure to a wide collection of reading genres is an important focus for our school...we were able to make this happen again this year."

-Katelynn Lee, Asst. Principal, Ridgecrest Elem. School, Hyattsville, MD



Kindergartner from Ryan Elementary School, San Jose CA, not only enjoys his Hoopoe book, but also his CD of the story. Drawing by "Iker."

"Dear Share Literacy organization, Thank you so much for the books that were donated to our fifth grade class. I am so excited to read."

-Stephen, 5th Grade, Valley View Elem., Oxon Hill, MD

## **Share Literacy (Continued)**

## Over 30 Schools and/or Family Organizations Received Books in 2018-early 2019, including:

Alicia Sanchez International Elem. Sch., Lafayette, CO All Bilingual Press, for Seattle WA programs Alum Rock Union School District - 18 schools, San Jose, CA Asian Americans for Community Involvement (AACI), San Jose, CA

CampFire USA, Long Beach, CA
Catholic Charities Centers, Brooklyn-Queens, NY
Children's Book Project, San Francisco, CA
Coolidge Alumni Assoc., Dominican Repub. Project,
Washington, DC

CORAL After-School Progs., Catholic Charities, San Jose, CA Ecumenical Hunger Program

Family Giving Tree, Sunnyvale, CA

Heart of America Foundation, Landover, MD

Homeless Prenatal Program, San Francisco, CA

I Have a Dream Project, Longmont, CO

Jaipur Literacy Fest., Boulder, CO

JoAnn Leleck Elem. School, Silver Spring, MD

Montgomery Knolls Elem. Sch., Silver Spring, MD

Omar D Blair Charter School (for Mexican immigrants), Denver, CO

Parkside Early Childhood Devel., Queens, NY

Partners in Literacy, Denver, CO

Ridgecrest Elem. Sch., Hyattsville, MD

Roscoe Nix Elem. Sch., Silver Spring, MD

Small Things Matter, Rockville, MD

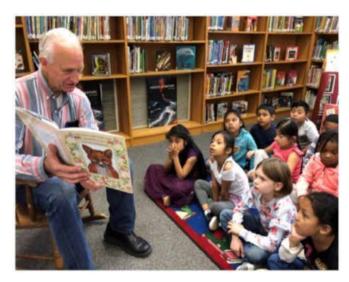
Spanish-speaking Refugees, San Francisco volunteer

Summit Hall Elem. Sch., Gaithersburg, MD

Sunnyvale CA Dept. of Public Safety's Junior Giants

Vancouver Canada children's programs

2018 Share Programs (cont.): Velocity of Books, Rockville, MD Weller Road Elem. Sch., Silver Spring, MD Western Queens Nursery School, Queens, NY



Share Literacy volunteer Steve Whitney reads *The Man and the Fox* to first-graders at Rolling Terrace Elementary School in Takoma Park, MD. The students were among 570 children who each received a Hoopoe book in September 2018, thanks to a partnership between Share Literacy and Small Things Matter, a local social services agency.

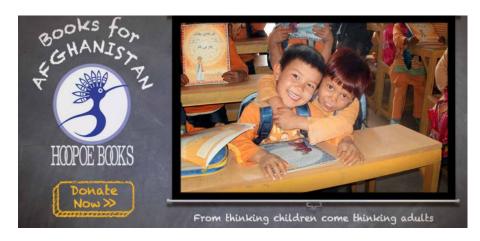


Student enjoying her new book, *The Man With Bad Manners*. Drawing by "Liliana," a 2nd Grader in the Alum Rock School District, San Jose, CA.



Teacher reading *The Lion Who Saw Himself in the Water* to Preschoolers at a Catholic Charities center in Brooklyn-Queens, NY.

# Books for Afghanistan - www.booksforafghanistan.org



Thanks to the generosity of our supporters, we have now distributed over 4.7 million Hoopoe books in Dari-Pashto and English and trained more than 550 teachers since January 2007 (trainings unfortunately curtailed through lack of funds) when we first obtained the Afghan Ministry of Education (MOE) approval to provide these books and began our program.

Thanks to our donors and volunteers, and to Khatiz Organization for Rehabilitation (KOR) and our amazing team in Kabul, who keep on going day in and day out, in spite of increased security threats and discomfort, this year we have successfully distributed another 212,663 Hoopoe books in Afghanistan.

#### Some of our partners are listed here:

Canadian Women for Women in Afghanistan (CW4WAfghan) received a donation of 960 volumes of Hoopoe books (Dari-Pashto edition) in May 2018 to distribute to schools. The books were then distributed to six literacy classes of CW4WAfghan's Afghanistan Reads! Program and eight public and private schools in Kabul province.

Matiullah Wesa, a young student, and other volunteers created a mobile library Qalam Lar which distributes books to children living in some of the most dangerous provinces of Afghanistan. Matiullah is motivated by his childhood circumstances when his own school was burned to the ground, leaving himself and his friends with no way to continue their studies and with no access whatsoever to reading materials. At the beginning of new educational year, President Ashraf Ghani praised Matiullah and his brother Attaullah Wesa's work by granting them the Mir Bacha Khan medals. Here are some photos Matiullah has shared with us this year:



Young women at a Kabul Literacy Class run by Canadian Women for Women in Afghanistan reading *The Lion Who Saw* Himself in the Water.



Kandahar Province



Amina is a pupil at a school without a building. Read her powerful message on our website.



## **Books for Afghanistan (Continued)**

**Saber Hosseini of the Children's Book Foundation** continues to deliver books to children, riding his bicycle to remotest villages of Bamyan Province, and this year he visited Sar Asyab district in Kabul province for the first time. Local children there typically only read books, but he asked them to write summaries of their reading and gave them each two Hoopoe books to read and summarize. He also asked them to record their daily experiences in personal diaries. Here are some photos he shared with us this year:







"I have fully come to the conclusion that peace comes through children..." —Saber Hosseini, March 17, 2018

**The Hadia Foundation/Moska Mobile Library's** Founder and Executive Director Mahir Momand reports "By now 80,000 children have received Hoopoe books from the Moska Mobile Library in Afghanistan. *On average we distribute 200 books every day!*"

"Afghan kids are learning peace, co-existence and general knowledge from their colorful storybooks, and they excel in their literacy skills at the same time."

—Mahir Momand







**Axon Media Group** in Kabul province and **Ashna Free Education Center** also received books to distribute to schoolchildren.



A teacher and his family in Kabul province read Hoopoe Books. (Photo from Axon Media)



Zia Rhman Khan, Ashna Free Educ. Ctr., teaches 500 children using our Dari-Pashto and English books and teacher guides.

## **Books for Afghanistan (***Continued***)**

#### AFGHAN MINORITY LANGUAGE PROGRAM

Starting in 2017, our Afghan Minority Language Program has provided over 113,000 books in minority languages. We started this program because Afghanistan is a multilingual country with one of the lowest literacy rates in the world. Only about 31% of the adult population (over 15 years of age) can read, and female literacy levels are on average only 17%. Studies show that we all learn to read more easily if we begin to do so in our mother tongue, but storybooks for children in these languages are rare if non-existent. These new Hoopoe editions will enable hundreds of thousands of Afghan children to learn to read their own traditional stories in the language they speak at home; then transfer those skills, using the same story, to their national language — Dari or Pashto — that they will need in order to continue their education.

Thanks to **SIL International's** team of translators, and to our contributors, we have completed the layout of nine bilingual editions: in Dari paired with Munji, Shughni, Turkmen, Uzbek, and Hazaragi, and in Pashto paired with Sawji, Nuristani, and Balochi — and we have just completed working on Pashai with a translation team from **SERVE Afghanistan**. We were able to provide 3,000 copies each of eleven titles for Hazaragi families, 7,000 of each of our twelve titles for children in Nuristani communities, 1,000 copies of four titles in Munji-Dari, plus 1,000 copies of *The Lion Who Saw Himself in the Water* by Idries Shah in Sawji-Pashto. Thanks to a grant from **Canadian Women for Women in Afghanistan**, we will soon be printing 3,000 Pashai-Pashto copies of Shah's *The Farmer's Wife*, which will be delivered by our Afghan partners KOR to Pashai communities in Kunar and Nangarhar Provinces, and elsewhere in Northeastern Afghanistan.



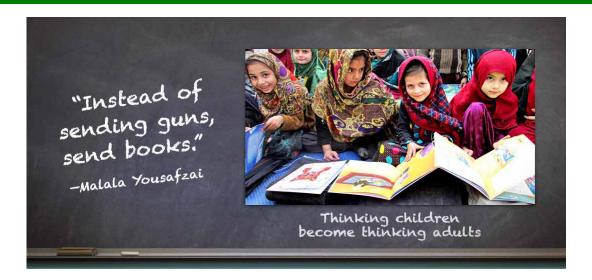
Reading Hoopoe books at a Hazara village sitting room.

## Books For Afghanistan Website (www.booksforafghanistan.org) & Newsletters:

For a comprehensive overview of our program, including downloadable resources, great photos of children with the books, copies of articles from media, photos and teacher feedback, and, of course, for ways to help, please visit our website. It includes an excellent informational film produced by Gerry Cullen and available in UK and USA formats, a PowerPoint presentation, flyers and posters – all downloadable.

Click on the convenient new tab on the website: "Our Accomplishments" – it's an easy way to keep up with all news, past and present!

# Books for Pakistan - www.booksforpakistan.org



Our Books for Pakistan was initiated in 2010. In 2017 & 2018, thanks to our partner, the **Alif Laila Book Bus Society (IBBY)**, our program has provided more than 132,000 copies of Idries Shah's retelling for children of traditional tales from the region. These ten titles are now available in Pakistan in Urdu-English, Urdu-Pashto, and Urdu-Sindh editions, with an Urdu-Balochi edition in the works.

New outreach to neglected schools – To celebrate IBBY and its mission of bringing children and books together, Alif Laila (which is the National Section of IBBY Pakistan) in collaboration with First Book and Hoopoe Books, sent out 640 box libraries, each containing one hundred books, to children's schools throughout Pakistan. Each box includes a set of 10 Urdu-English Hoopoe Books by Idries Shah. Our primary focus will be on remote and neglected areas, where children do not know the joys of reading for pleasure. (Read more on our website about IBBY and BECS (Basic Education community schools) programs.)







Students from Quetta and Khuzdar in Balochistan enjoying the books just received.

# Malor Books - www.malorbooks.com

ISHK's Malor Books imprint was launched in 1995 to keep seminal works in print that would otherwise not be available. Malor Books publications are used in hundreds of university courses around the world.

In order to ensure that the information contained in these definitive titles remains available for future generations, Malor Books continued making works available through online stores. Amazon's Kindle, Google Books, and other eBooks sites now have many of the Malor Books in digital editions available for purchase. Libraries are able to purchase books through our online distributor, Ingram.

By the end of 2018, all our Malor Books were made available directly through Ingram.com and Amazon.com, including:



## eBooks

Since 2017, Amazon Kindle and Apple iBooks editions are available for our eleven Hoopoe titles by Idries Shah, and the four titles in our **All About Me series** were made available on Kindle.



## Continuing Education at Home

## For Psychologists: http://ishk-ce.com

For decades, this program under the leadership of Charles Swencionis, Ph.D., has provided information in areas that ISHK is concerned about to thousands of professional psychologists, to help these ideas filter into the mainstream. This year, we've added or updated new coursework for over 20 titles in Clinical Psychology, over 15 in Cultural & Social Psychology, 3 new works in the Psychology of Consciousness, 5 new titles in Child & Adolescent Psychology, and many more new or updated courses in Attachment Theory, Trauma, Cognitive-Behavior, Positive Psychology, Emotional Health, and Gender Studies.

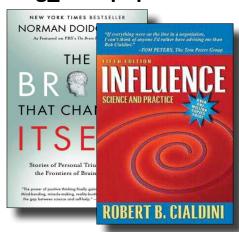
Ratings for this program continue to be very high and it serves to educate professionals on new ideas about human nature. Our quarterly email mailings are proving to be successful in alerting more and more psychologists to our program, and to keep them up to date on our offerings.



## **CME For Physicians:**

## www.ishk.net/ce-home/psychology/html/continuing\_med.php

Since 2012, Margaret Caudill, M.D., has headed up the Institute for the Study of Human Knowledge's CME program in conjunction with Dartmouth-Hitchcock Medical Center. This vital program has offered an accredited program of CME courses that not only provides a choice of topics, but a choice of when, where, and how long a physician can take to complete the work. Currently, there are fifteen courses based on the recent explosion of research into the connection between the body and mind. This field is not only fascinating but holds the potential for a radically different approach to healing.



# **ISHK Administration Changes**

In December 2018, the ISHK Board of Directors announced that attorney and long-time associate of ISHK, David Sasseen, agreed to serve as President of the Institute. (Read more about David on our **www.ishk.net** website.)

All book and program fulfillment operations are now run through our website and Ingram and Amazon online services. Volunteers and a small, part-time staff keep our accounts, mailing list, websites, Facebook and social media updates going.

We are grateful to everyone who has helped us over the years, and who continue to do so.

We are currently seeking help with In-Design, research and writing for the Human Journey, authors for our new Hoopoe series, and volunteer willing to run Share Literacy Chapters and expand our outreach to at-risk children. Anyone interested in helping any of these programs, or need further information on our programs, please contact us at ishkadm@aol.com.

## Officers, Board of Directors, Advisors, and Contributors

#### **Corporate Officers**

President:

David Sasseen

Executive Director:

Sally Mallam

Treasurer:

Jill Barnes

Secretary:

Shane DeHaven

#### **Board of Directors**

David Sasseen, Chairman Shane DeHaven, Secretary

Jill Barnes, Treasurer

Sally Mallam

Jonathan Russell

Margaret Caudill Slosberg, M.D., Ph.D.

Charles Swencionis, Ph.D.

#### **Advisors and Collaborators**

From 1969 to present, partial list:

James Burke

William Dement

Rene Dubos

Paul Ehrlich

Edward T. Hall

Doris Lessing

Jonas Salk

Hans Selve

Idries Shah

Roger Sperry

#### **Program Directors**

ISHK CE @Home for Psychologists: Charles Swencionis, Ph.D.

Associate Professor of Psychology, Ferkauf Graduate School, Associate

Professor of Epidemiology and

Population Health, and Psychiatry,

Albert Einstein College of Medicine of

Yeshiva University.

ISHK CME for Medicine:

Margaret Caudill Slosberg, M.D., Ph.D. Adjunct Associate Professor of Anesthesiology at Dartmouth Medical School

ISHK Center for Health Sciences:

David Sobel, M.D., M.P.H.

Regional Director (ret.) of Patient

Education and Health Promotion Kaiser

Permanente Northern California

Margaret Caudill Slosberg, M.D., Ph.D.

Education:

Denise Nessel, Ph.D.

Director of Publications, National Urban

Alliance for Effective Education

The Human Journey:

Denise Nessel, Ph.D., and Sally Mallam

ISHK Imprints and Children's Literacy:

Sally Mallam

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Wells Fargo Foundation